

January 17th Children's Worship Lesson

Scripture: Exodus 20:1-11

Then God spoke all these words:

I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. Six days you shall labor and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it.

Question Time:

1. Do you recognize these scriptures? If so, what are they?
2. Have you heard of the Ten Commandments before?
3. What do you think having "no other gods before me" means?
4. What do you think an idol is?

5. What do you think a Sabbath day is?

6. What is worship? Why do we worship?

Let's Talk About It.....

For the next few weeks we are going to be asking questions about worship in order to help us think about why it is we worship, what is worship, and why do we gather to worship. We will also be asking questions about the stuff that we do when we gather together on Sunday mornings. The name we have given these weeks of question asking is "Moving with Mindfulness".

This name is to help us remember that we need to be aware, to think about, and learn from what we do and why we do it. An important tool we will need in our tool belts will be questions.

Questions are so important because we as humans are meant to always be growing and learning, and asking questions together helps us to learn. So I want to encourage you in this time of exploring and discovering what worship is and why we worship and how we can worship each day.

ACTIVITIES! LeT's Do StUfF!!!

Option One: There is a word find attached to the end of this lesson.

Option Two: Question Game

- **Style One:** Make a circle and have one person in the middle. The person in the middle is blindfolded. They will point to a person on the outside circle and ask them a question. The person must answer truthfully. The blindfolded person then must guess who it is. If they guess right, that person is now the

middle. (The people on the outside are allowed to disguise their voices in silly and different ways to try and be sneaky.)

- Style Two: One person is blindfolded and everyone else finds an object to bring to the person blindfolded. If the person guesses right, they get a point. Take turns, and try and get the most points.

Prayer:

God, thank you for giving us ways to learn and grow. Help and guide us as we begin our question asking journey, and thank you for all you are going to teach us. AMEN.

Name: _____

Exodus 20 "What is Worship?"

E	S	A	G	S	N	R	G	J	W	S	E
W	P	Q	N	A	K	E	I	D	O	L	G
O	O	O	A	B	X	M	U	U	R	W	Y
R	K	C	M	B	O	E	S	W	S	O	P
K	E	M	E	A	N	M	I	G	H	R	T
M	J	O	G	T	E	B	X	O	I	D	Z
L	K	D	O	H	E	E	E	D	P	S	B
F	S	E	V	E	N	R	Y	K	Q	V	B

Find the following words in the puzzle.
Words are hidden → and ↓ .

EGYPT

GOD

IDOL

NAME

REMEMBER

SABBATH

SEVEN

SIX

SPOKE

WORDS

WORK

WORSHIP